



# OCDS Provincial Newsletter

California-Arizona Province – December 2017

## Important News, Reminders, and Introductions

“In the interior dynamism of following Jesus, Carmel contemplates Mary as Mother and Sister, as “the perfect model of the disciple of the Lord” and, as such, a model for the life of the members of the Order.” (OCDS Constitutions, Sec. V, No. 29, “WITH MARY, THE MOTHER OF JESUS.”)

Reminders	March 2018 OCDS Leadership Conference
<p style="text-align: center; font-weight: bold; margin: 0;">Membership Rosters</p> <p>Communities, Groups, and Study Groups, are reminded to submit updated membership rosters to the Central Office Secretary as soon as possible. Please include the contact information for your Councilors. The OCDS Provincial Council needs this information in order to properly serve you. Updated rosters should be emailed to Emma Forlanda, OCDS, at <a href="mailto:ocds.secretary@gmail.com">ocds.secretary@gmail.com</a> or mailed to Emma at the OCDS Central Office, P.O. Box 3079, San Jose, CA 95156.</p> <p style="text-align: center; font-weight: bold; margin: 10px 0 0 0;">Annual Central Office Dues</p> <p><b>All members of OCDS Communities and Groups are required to submit annual Central Office dues of \$35.00 per person.</b> The dues should be collected during your January 2018 meeting. The funds should be consolidated by your Treasurer into a single check payable to “<b>OCDS Central Office</b>” and sent to Fr. Juan Elias Medina, OCD, Provincial Delegate, El Carmelo Retreat House, P.O. Box 8067, Redlands, CA, 92375, by the end of February. Aspirants are not required to submit dues. Also, our Study Groups do not pay (Cottonwood, AZ; Coronado, CA; Henderson, NV; Cedar City, UT; and Medford, OR).</p>	<p style="text-align: center; font-weight: bold; margin: 0;">Mark Your Calendars</p> <p>The next triennial OCDS Leadership Conference will be held from Monday, March 12, 2018, to Thursday, March 15, 2018, at El Carmelo Retreat House, 926 E. Highland Avenue, Redlands, CA 92373.</p> <p><b>Each Community, Group, and Study Group may send only one member.</b> Preference should be given to new Presidents/Group Leaders, followed by new Formation Directors or other new Council Members. <b>Your attendee should be someone who has not previously attended an OCDS Leadership Conference.</b> Topics covered will include the Liturgy of the Hours, Promoting Generosity of Spirit, Leadership Skills and Communications, Conducting Effective Meetings, and Teresian Prayer as Our Identity.</p> <p>Check-in for the conference will take place from 4:00 to 5:30 p.m. on Monday, March 12. No rooms will be available prior to that time. The conference will end after breakfast on Thursday, March 15. Check-out time will be 10:00 a.m. The registration fee for this conference is \$217.00. Your check should be made payable to “<b>OCDS Central Office.</b>” For those planning to fly to the conference, the nearest airport is located in Ontario, California (ONT). Information regarding transfer options to and from the retreat house will be provided upon receipt of the completed application.</p> <p>Additional information about the conference is included in the application form on page 3 of this newsletter. Please complete the application form and send it with your registration fee to Amy Holmes, OCDS, 621 N. Foxdale Avenue, West Covina, CA 91790. If you have any questions, please contact Amy at <a href="mailto:amyholmes7ocds@gmail.com">amyholmes7ocds@gmail.com</a> or (626) 338-8285.</p> <p>Please join us in praying for the success of this valuable leadership learning opportunity.</p>

## Meet Your OCDS Provincial Council



Father Juan Elias Medina, OCD  
Provincial Delegate to the OCDS

Father Juan Elias grew up in Mountain View, California (Silicon Valley). He entered the Discalced Carmelite Order in 2002 and made his first vows in 2004. Following his ordination to the priesthood in 2011, Father Juan Elias served in our Uganda Mission and subsequently served as an Associate Pastor at Santa Cruz Parish in Tucson, Arizona. He is currently serving as the Interim Administrator of Santa Cruz Parish. In January 2018, he will move to El Carmelo Retreat House in Redlands, California, and assume his full-time responsibilities as the Provincial Delegate to the OCDS.

## The Secular Members of Your OCDS Provincial Council

From left to right: Lynn Miyake (Las Cruces, NM, Community); Amy Holmes (Alhambra, CA, Group); Margaret Shore (Lodi, CA, Group); Jim Dowd (Cedar City, UT, Study Group); and Lee Ann Trunk (Portland, OR, Community).



## OCDS Provincial Council Contact Information

Father Juan Elias Medina, OCD  
Provincial Delegate to the OCDS  
El Carmelo Retreat House  
P.O. Box 8067  
Redlands, CA 92375  
[caazocdsdelegate@gmail.com](mailto:caazocdsdelegate@gmail.com)  
(As of January 2018)

Lee Ann Trunk, OCDS,  
OCDS Provincial Council President  
4713 NE 50<sup>th</sup> Avenue  
Vancouver, WA 98661  
(360) 903-7656  
[Leeann.trunk@comcast.net](mailto:Leeann.trunk@comcast.net)

Amy Holmes, OCDS  
621 N. Foxdale Avenue  
West Covina, CA 91790  
(626) 338-8285  
[amyholmes7ocds@gmail.com](mailto:amyholmes7ocds@gmail.com)

Jim Dowd, OCDS  
4610 North 25 East  
Enoch, UT 84721  
(435) 592-3940  
[jimdowdocds@gmail.com](mailto:jimdowdocds@gmail.com)

Lynn Miyake, OCDS  
P.O. Box 1509  
Mesilla, NM 88046  
(575) 496-6430  
[lkmiyake@aol.com](mailto:lkmiyake@aol.com)

Margaret Shore, OCDS  
OCDS Provincial Council Secretary  
1926 Colombard Circle  
Lodi, CA 95240  
(209) 609-8208  
[pegary01@sbcgobal.net](mailto:pegary01@sbcgobal.net)

**OCDS Leadership Training Conference**  
**Monday, March 12 – Thursday, March 15, 2018**

**El Carmelo Retreat House**  
926 East Highland Avenue  
Redlands, California 92374

**Registration Form**

Please include your *non-refundable deposit* of **\$50.00** or *payment in full* of **\$217.00**, payable to: **OCDS Central Office**. Send this form by **January 15, 2018** to: Amy Holmes, OCDS, 621 N. Foxdale Avenue, West Covina, CA 91790. If you choose to pay only the deposit at this time, the *balance* of **\$167.00** will be due no later than **February 15, 2018**.

Arrival and check-in will take place from 4:00 – 5:30 p.m., Monday, March 12. No rooms will be available for check-in before 4:00 p.m. that day. The Conference will conclude after breakfast on Thursday, March 15. Check-out time is 10:00 a.m.

Your Community or Group: \_\_\_\_\_  
(name and location)

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

March 12 **arrival time** (AR): \_\_\_\_\_ (not flying)

If flying, **Airline & Flight # AR time (Mar.12)** \_\_\_\_\_

If flying, **Airline & Flight # DP time (Mar.15)** \_\_\_\_\_

For those flying into Ontario Airport (ONT), we will be in touch with you about transportation from and to El Carmelo.

Half of the rooms at El Carmelo Retreat House have two twin beds, so some people will need to share a room.

Roommate preference: \_\_\_\_\_

There is only one room fully equipped for handicapped needs. Please notify us if you need this room.

No special dietary meals can be provided, but a refrigerator and microwave are available for those who may need to bring special meals.

For questions, please contact: Amy Holmes, OCDS at [amyholmes7ocds@gmail.com](mailto:amyholmes7ocds@gmail.com) or

(626) 338-8285