

Carmelite Pilgrimage

5 September – 19 September

2022



DEADLINE: APRIL 15- inquire about openings after that date

COST: \$2,500.00 (does not include airfare)

Contact: Alberto Ferreiro, betomicielo@gmail.com

Limited single room accommodation is available and must be requested as soon as possible. An extra \$50.00 will be needed to cover the hotel in Salamanca, they do not operate like monasteries and religious houses.

PAYMENT SCHEDULE: (\$2500)

DEPOSIT DUE WITH APPLICATION \$300.00

SECOND PAYMENT OF \$1200.00, DUE **APRIL 4**

FINAL PAYMENT OF \$1000.00, DUE **JUNE 1**

THE DEPOSIT IS PART OF THE OVERALL PAYMENT

PAYMENTS:

All payments are to be made out to: Centro Fray Luis de León

Mail all payments to:

Prof. Dr. Alberto Ferreiro, Emeritus
Centro Fray Luis de León
14515 53rd Avenue S. E.
Everett, WA 98208

REFUND POLICY: If one cancels for any reason at any time before departure 100 of the deposit will not be refunded and less any unrecoverable expenses; less than 30 days from departure there will be a only a 50% refund, after the pilgrimage begins on 5 September there will be no refund of any monies.

TRAVEL INSURANCE: we recommend Travel Guard or Trawick International as a possible travel health insurance provider, they can be found online. You may also find your own travel health insurance too. **Be sure to get coverage for the ENTIRE COST of the trip**, in case you have to cancel at the last minute. Health and Flight cancellation insurance is **NOT** included in the pilgrimage fee.

COVID 19 protocols: Many European countries have dropped all restrictions, Spain has dropped the majority and will follow the others. It is still required that all pilgrims have been FULLY vaccinated, 2 shots and booster, OR proof of antibodies immunity OR full recovery from Covid. Make sure your travel insurance will cover this potential extra expense.

HEALTH ISSUES: Although the pilgrimage will not be fast paced there is nevertheless a great deal of walking in most cases over uneven surfaces. Participants must be able to get around without much problem. You must be able to move your own luggage. **You are required to fill out the HEALTH FORM that will be sent to you separately; it will be kept in the strictest confidence.**

TRAVEL AGENT: Our travel agent is Sandy Dubois, Travel Leaders-Seattle. All questions about flights or extra travel should be directed to her. If you book on your own, contact me first to make sure the dates and time are correct to meet the group in Madrid. It is much easier to coordinate if all go through Sandy.

OPTIONAL TRAVEL: Participants have the option of adding to their stay after the pilgrimage is over. Our travel agent Sandy Dubois will be more than ready to help you. You can contact Sandy at to book your flight and any changes to your itinerary at sdubois@dt.com **YOU DO NOT HAVE TO DEPART FROM SEATTLE!**

PILGRIMAGE LEADERS:

Professor Alberto Ferreiro, Ph.D is emeritus professor of Seattle Pacific University in Early Christian and Medieval History with a specialty in Spanish and Portuguese studies where he taught for 36 years. He is founder and director of a University of Salamanca, Spain Summer program for college students he led for 30 summers (1989-2019) and took 900 students. He has published 13 books and over

125 scholarly articles on Late Roman and Early Medieval Spain and Portugal. He was born in Mexico and is fluent in Spanish. This will be the sixth Carmelite pilgrimage that he has organized.

PRIEST:

Father Ron Oakham, O.Carm

He lives in Phoenix, Arizona. His Province is based in Chicago and serves in Canada, the U.S., Mexico, El Salvador, Honduras, and Peru. While a New Englander by birth (Rhode Island is his home state), he has lived all over the U.S. and for a brief period in Canada and Mexico. He made his first profession in 1969 and was ordained in 1977. He has served in various ministries - parish (in North Hollywood, California, Teaneck, New Jersey, Torreón, Mexico, Houston, Texas and Tucson, Arizona), diocese (Office of Worship for the Archdiocese of Newark), as a regional superior for the Province (the Western Commissariat which was comprised of Texas, Arizona and California) and as an Associate Director of Institutes for the North American Forum on the Catechumenate. As a traveler, he has been to the 7 continents and is at 75 countries hoping to make it to 100 eventually.

DESCRIPTION: The pilgrimage will **NOT** be a fast-paced neck breaking visit. We are striving at quality not quantity in our visits. We will visit the ‘important’ sites related to Teresa and John, in addition to other important monuments. There will be times to simply enjoy being there. Only 15 to 20 pilgrims will be accepted.

FOR MORE INFORMATION CONTACT: Prof. Dr. Alberto Ferreiro,

Carmelite Chaplains of Previous Pilgrimages

2000- Father Colm Stone OCD†
2006- Father Charles Garrity OCD
2007- Father John McGowan, OCD
2015- Father Donald Kinney, OCD
2019- Father Matthias Lambrecht, OCD

Testimonials from Pilgrims

What an amazing trip! Not only were we retracing the steps of our beloved St. Teresa of Avila and St. John of the Cross but our guide, Alberto, was able to put our wanderings into historical context which really brought things to life! Staying at the monasteries (founded hundreds of years ago) was a wonderful experience. It was like staying in a museum but with the Blessed Sacrament just below us. What a special experience for a secular. Traveling with a Carmelite priest was also wonderful.... Daily Mass, Reconciliation, and Adoration were woven into this uplifting journey. I would love to go again. **Cara Colburn, Traverse City, Michigan (2019)**

To put into words this pilgrimage of 2019 is quite a project. I am overwhelmed with gratitude that I was able to go. First, in its deepest essence it was a totally undiluted Discalced Carmelite spiritual experience. To stand in the spot before the Blessed Sacrament where St. Teresa received the transverberation of her heart brought me right into the presence of God and the saints. To be able to stand at Teresa's tomb and that of St. John of the Cross was incredibly moving. Having Father Matthias, a Carmelite priest, with us for Mass, the Office, private consultations and for confession was priceless. Second, Dr. Alberto Ferreiro gave us history lessons at all the locations. He is a published scholar and put everything we were experiencing into proper historical context. Third, socially you could not top the people on this pilgrimage. Throughout the 15 days there was not one harsh word or cranky attitude from anyone. Some of them were Spanish speakers who made it easy for the rest of us to navigate the Carmelite sites, shops, and restaurants.

Catherine Wilbur, OCDS
Secular Discalced Community of St. Thérèse, the Little Flower
Cherry Hill, New Jersey

“I thoroughly enjoyed the Carmelite 2007 Spain pilgrimage. We saw the essential Carmelite sites in Central Spain along with other sites that provided background information and context to our Carmelite heritage. The pilgrimage was well organized and the food was spectacular. I particularly enjoyed meeting other Carmelites from around the world and sharing insights and experiences from our various communities.” **Lynn Miyake, Our Lady of Mount Carmel OCDS, California**

“Thank you sincerely for the opportunity to participate in CARMEL 2007 SPAIN PILGRIMAGE. It was wonderful! I will cherish the experience of those two weeks in Spain in the company of my spiritual family, as I came to feel about the group after arrival in Madrid. You are a well-qualified leader, obviously open to the promptings of the Holy Spirit, for our trip could not have been better. I highly recommend this pilgrimage, Carmel in the footsteps of St. Teresa of Jesus and St. John of the Cross, to all. Carmel 2007, SPAIN went far beyond my expectations.”
Rita Trujillo, OCDS, Las Cruces, NM

CARMELITE PILGRIMAGE 2022

5 September - 19 September

At each site there will be talks by Dr. Ferreiro and Father Otanga on the historical and spiritual significance of the place in relation to Teresa and John specifically and in general the Carmelites. Father Otanga will preside at all Masses and lead Vespers and any other spiritual exercises.

LODGING:

In Avila, Segovia, and Toledo single lodging is very limited, at extra cost.

SALAMANCA- Hotel Catalonia, [four star] hotel at the Plaza Mayor

AVILA- Carmelite Monastery/ Albergue, ‘Casa Natal de Santa Teresa’

SEGOVIA- Centro de Espiritualidad, San Frutos, Segovia

TOLEDO- Carmelite Monastery

DAILY ITINERARY

MEALS LEGEND: B- breakfast, L- lunch, D- dinner (included in the price)

September 5 - Monday (D)

Depart to Spain- Dinner on plane

September 6 – Tuesday – SALAMANCA



Arrive at Madrid Airport/ Go to Salamanca by private coach

Check-in, rest, Lunch on your own- nap or rest at the Plaza Mayor

Afternoon Mass 7:00pm

Vespers 7:45pm, Dinner on your own- go eat Tapas at the Plaza Mayor

September 7 - Wednesday (B) – SALAMANCA



Breakfast 8am – Matins at 9:30am, Morning Mass, Carmelite Church, 10:00am

Visit Casa de Teresa 11:00-12:30pm- where Teresa lived for three years

Lunch 2pm- on your own

San Esteban Dominican Monastery 4-6pm/ Vespers 8:00pm - Dinner on your own

September 8 - Thursday (B) - MEDINA DEL CAMPO

Breakfast 8am - Matins on the bus

Depart at 9:30am to Medina de Campo – Visit Teresa’s second foundation, 15 August 1567

Mass at 12:30, At the Chapel where John of the Cross celebrated his first Mass.

Visit to Carmelite Community and Museum where Teresa and John met

Lunch, 2:30-4:30pm in Medina del Campo on your own

Vespers in Salamanca 7:30pm

Dinner on your own

September 9- Friday (B, D) – SALAMANCA



Breakfast 8am – Matins 9:30am, Morning Mass, Carmelite Church, 10:00am

Old and New Cathedrals 11:30am- 2:00pm- where John was ordained

Lunch 2-3:30- on your own

Vespers 7:30 at Hotel,

September 10 - Saturday (B, L, D) - ALBA DE TORMES AND AVILA



Breakfast in Salamanca Hotel, 8:00am

Depart to Alba de Tormes 9:00am - Matins on the Bus to Alba

Mass 10:00am at the church where Teresa is buried in Alba de Tormes/Visit

Museum/ Short refreshment at the Plaza in Alba de Tormes

Depart to Avila 12:00/12:30 - Check-in at Avila 2:00pm

Lunch at 2:30pm, Casa Natal de Teresa Albergue, Free time after lunch

Vespers 8:00pm - Dinner at Casa Natal de Teresa Albergue 9pm

September 11 - Sunday (B, L, D) AVILA



Matins 8:30am - Breakfast 9am

Mass at the Convent of Saint Joseph 11:00 am, first reform convent, 24 august
1562/ Lunch at the Albergue 2pm

Free time in Avila 3-7:30, Optional visit, the Vettones Museum

Vespers 8:00 pm - Dinner at Albergue 9 pm

September 12 - Monday (B, L, D) AVILA



Matins 7:30am - Breakfast 8am

Mass 10:00am at the Monasterio de la Encarnación and visit Museum- Teresa entered at age 20 in 1535

Lunch at 2:00pm at Albergue

Cathedral of Avila at 4:30-5:30 pm

Vespers 8:00pm

Dinner at Albergue, 9pm

September 13 - Tuesday (B, L, D) AVILA/ SEGOVIA



Matins 7:30am - Mass 8:00am - Breakfast 9am (Avila)

Depart for Segovia at 10:00am

Check in at the Centro de Espiritualidad, San Frutos, 1:30pm

Lunch at the Center 2pm, lunch taken in the city is paid by participant

Visit of the Cathedral/Roman Aqueduct, 4:00-6:00pm

Vespers 8:00pm – Dinner at the Center 9 pm

September 14 - Wednesday SEGOVIA (B, L, D)



Matins 7:30am - Breakfast 8:00am

Morning Mass at the Monastery of San Juan de la Cruz - John's Sepulcher, 10am

After Mass, Visit Templar's Church of the Vera Cruz, just around the corner

Lunch at the Center 2pm/ Visit of Alcazar Castle, 5:00pm

Vespers 8:00pm - Dinner at the Center 9pm

September 15 - Thursday SEGOVIA (B, L, D)



Matins 8:00am - Breakfast 9:00am

Mass 10:30am at the Centro

Jewish Quarter, Convent of Corpus Christi, 11am

Lunch at the Center 2pm

5:00pm visit to Carmelite Convent of San José Teresa's ninth foundation 19 March 1574 and Church of St. Martin

Vespers 8:00pm - Dinner at the Center 9pm

September 16 - Friday SEGOVIA/ TOLEDO (B, L, D)



Matins 7:30am - Mass 8:00am/ Breakfast 9am (Segovia) - Depart at 10:30am

Check in at the Carmelite Community 1:30pm

Lunch 2:00pm at the Carmelite Community

Visit the Synagogues of El Transito and Santa María la Blanca 4-6 pm

Free Time

Vespers 8:00/ Dinner Carmelite Community 9pm

September 17 - Saturday TOLEDO (B, L, D)



Matins 7:30 - Mass 8:00am - Breakfast 9am

Visit the Primatial Cathedral of Toledo 10:30

Lunch at the Carmelite Community 2pm

Free afternoon

Vespers 8:00pm – Dinner at the Carmelite Community 9pm

September 18 - Sunday TOLEDO (B, L, D)



Matins 7:30am - Breakfast 8am

Mass at 10:00am

Lunch at the Carmelite Community

Visit to the Museum of the Visigoths, Christianization of Hispania 12:00pm

Free time to rest or shop

Mass at 6:00 pm

Vespers 8:00pm, Dinner 9:00pm

September 19 - Monday, DEPARTURE TOLEDO TO THE MADRID AIRPORT

(L, D- on your flight)



For those traveling home to the USA or to EUROPE on this date, transport to the airport is covered, DIRECT TOLEDO TO AIRPORT, depart Toledo at 6 or 7:00am

You can have Breakfast on your own at the airport

Make sure your flight home is at 1:00pm or later

For those of you STAYING LONGER in SPAIN, the ticket back to Madrid only on the high-speed train AVE is included, travel to anywhere else in Spain is not included, you will also have to make your own hotel arrangements

Important Addresses and Phone Numbers

Make out all payments to Centro Fray Luis de León mail to:

Correspondence

Prof. Dr. Alberto Ferreiro, Director

Centro Fray Luis de León, LLC

14515 53rd Avenue S. E.

Everett, Washington 98208

1-425-346-6443 (cell phone)

betomicielo@gmail.com (email)

Travel Agent

Sandy Dubois

1-800-596-2297 or 425-787-6388

sdubois@dt.com

(For any travel questions, especially for travel before or after the program)

Important Addresses

Hostal Lisboa

Ventura de la Vega, 17

telephone: 91-42-94-676

28014 Madrid

fax: 011-34-91-42-99-894

hostallisboa@hostallisboa.com

U.S. Embassy, Madrid

Calle Serrano, 75

Phone: 91-587-2240

Fax: 91-587-2303

www.embusa.es

Essential Checklist

Valid U.S. Passport (Bring a photocopy of it and keep it separate from the original.)

Two Credit Cards, Visa and MasterCard are the best. American Express is not a good card, leave home without it. Make sure you can get cash advances on the cards for emergencies and convenience. (Carry very little cash).

Prescription Medicines (Bring them in the prescription bottle and dose for the entire trip.)

Appliances (Buy travel size items with a built-in voltage converter.)

Baggage (Pack VERY lightly as is possible. What you pack, you carry.)

Download this manual with you to Salamanca.

Clothing (bring cool summer clothes and at least one light jacket for the evening.)

Shoes (Bring a good pair of sturdy walking shoes with ankle support.)

Download a English/ Spanish translator

Leave a family member or friend your contact information

IMPORTANT: time zone difference is NINE HOURS later from PACIFIC TIME

Earplugs and/or motion sickness medicine

Do not bring any jewelry or any article of great sentimental or monetary value.

Ten Commandments for All Travelers

- I. Thou shalt not expect to find things precisely as they are at home ... for thou hast left home to find things differently.
- II. Thou shalt not take anything too seriously (except academics), for a carefree mind is the basis for a good experience.
- III. Thou shalt not let other program members get on thy nerves ... for thou art paying good money to enjoy thyself.
- IV. Thou shalt not worry ... he that worrieth hath little joy.
- V. Thou shalt not judge all the people of a country by one person with whom thou has had a problem.
- VI. Blessed are they who can wait and smile, for they shall surely enjoy themselves.
- VII. Thou shalt do somewhat as the natives do.
- VIII. Thou shalt carry a form of identification at all times ... and allow me to say that a man without a permit is a man without a country.
- IX. Thou art welcome in every land ... treat thy hosts with respect and thou shalt be an honored guest.
- X. Bless thy program leaders for surely they deserveth it.

Easy Steps to the Hostal Lisboa for Early Arrivals

Flying in to Spain Before the Scheduled Departure Date of September 5

1. In Seattle or elsewhere in the United States, bring about 400 euros. DO NOT bring large amounts of cash of any kind.
2. Take a taxi directly to the Hostal Lisboa. Your taxi will cost flat rate 30 euros. It is very risky to get on the subway with luggage.
4. Leave a message for me at the Hostal Lisboa that you have arrived. I will see you that evening or next morning early to go to the airport.

Luggage Name Tag

This is the address you put on the tag of all checked in luggage-

If your luggage gets delayed on the way over, this is the address you give at the Madrid airport-

YOUR NAME