

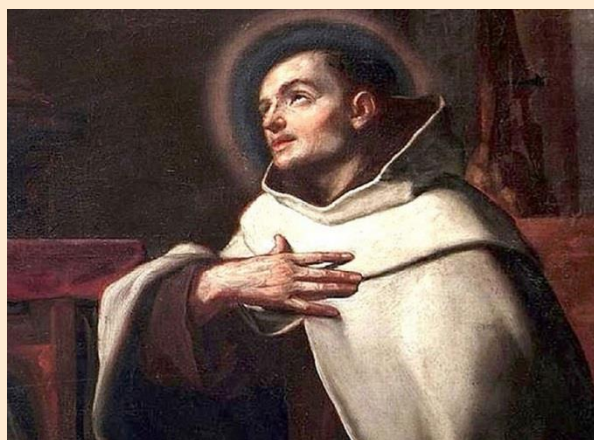
# **Carmelite Pilgrimage**

**In the Footsteps of**

**Teresa of Jesus and John of the Cross**

**2 August – 16 August**

**2020**



**DEADLINE: MARCH 2- inquire about openings after that date**

**COST:** \$2,500.00 (does not include airfare)- price subject to change depending on currency exchange rates at time of setting final contracts.

Limited single room accommodation is available and must be requested as soon as possible. There is an extra \$120.00 for the entire pilgrimage.

**PAYMENT SCHEDULE:**

DEPOSIT DUE WITH APPLICATION \$300.00

SECOND PAYMENT OF \$1200.00, DUE **MARCH 2**

FINAL PAYMENT OF \$1000.00, DUE **JUNE 1**

**THE DEPOSIT IS PART OF THE OVERALL PAYMENT**

**PAYMENTS:**

**All payments are to be made out to: Centro Fray Luis de León**

Mail all payments to:

Prof. Dr. Alberto Ferreiro  
Centro Fray Luis de León  
14515 53<sup>rd</sup> Avenue S. E.  
Everett, WA 98208

**REFUND POLICY:** If one cancels for any reason prior to 60 days from departure the deposit will not be refunded and less any unrecoverable expenses; less than 30 days from departure there will be a 50% refund less any unrecoverable expenses, after the pilgrimage begins on 2 August there will be no refund.

**TRAVEL INSURANCE:** we recommend Travel Guard or Trawick International as a possible travel health insurance provider, they can be found online. You may also find your own travel health insurance too. **Be sure to get coverage for the ENTIRE COST of the trip**, in case you have to cancel at the last minute. Flight cancellation insurance is **NOT** included in the pilgrimage fee.

**HEALTH ISSUES:** Although the pilgrimage will not be fast paced there is nevertheless a great deal of walking in most cases over uneven surfaces. Participants must be able to get around without much problem. You must be able

to move your own luggage. **You are required to fill out the HEALTH FORM that will be sent to you separately; it will be kept in the strictest confidence.**

**TRAVEL AGENT:** Our travel agent is Sandy Dubois, Travel Leaders-Seattle. All questions about flights or extra travel should be directed to her. If you book on your own, contact me first to make sure the dates and time are correct to meet the group in Madrid. It is much easier to coordinate if all go through Sandy. Contact Sandy at [sandy.dubois@travelleaders.com](mailto:sandy.dubois@travelleaders.com)

**OPTIONAL TRAVEL:** Participants have the option of adding to their stay after the pilgrimage is over. Our travel agent Sandy Dubois will be more than ready to help you. You can contact Sandy at [sandy.dubois@travelleaders.com](mailto:sandy.dubois@travelleaders.com) to book your flight and any changes to your itinerary. **YOU DO NOT HAVE TO DEPART FROM SEATTLE!**

#### **PILGRIMAGE LEADERS:**

**Professor Alberto Ferreiro, Ph.D** is a tenured faculty member at Seattle Pacific University in Early Christian and Medieval History with a specialty in Spanish and Portuguese studies. He is founder and director of a University of Salamanca, Spain Summer program for college students and has led groups there for 30 summers. He has published 12 books and over 115 scholarly articles on Late Roman and Early Medieval Spain and Portugal. He was born in Mexico and is fluent in Spanish. This is the sixth Carmelite pilgrimage that he has organized.

#### **Father Thomas Otanga, OCD**

Fr. Thomas Otanga is a Discalced Carmelite priest of the Washington Province. He was born in Bondo, Kenya (East Africa). He joined the Carmelites in Kenya in 1993. He graduated with two bachelor's degrees (Sacred Theology, Rome and Religious Studies, Kenya) in 1998. He did his Licentiate degree (STL) in Sacred Theology at the Catholic University of Eastern Africa and graduated in 2001. Fr. Otanga completed his doctoral studies in Theology with a specialization in Spiritual Theology at the Catholic University of America in Washington, DC in 2013. Fr. Otanga was ordained to the priesthood in 2003. He guides both private and group retreats, offers spiritual direction and gives talks and workshops mostly on religious formation. He is currently the OCDS Regional Assistant for the Midwest region of the Washington Province.

**DESCRIPTION:** The pilgrimage will **NOT** be a fast-paced neck breaking visit. We are striving at quality not quantity in our visits. We will visit the ‘important’ sites related to Teresa and John, in addition to other important monuments. There will be times to simply enjoy being there. Only 20 to 25 pilgrims will be accepted.

**FOR MORE INFORMATION CONTACT:** Prof. Dr. Alberto Ferreiro, [betomicielo@gmail.com](mailto:betomicielo@gmail.com)

### **Carmelite Chaplains of Previous Pilgrimages**

2000- Father Colm Stone OCD†

2006- Father Charles Garrity OCD

2007- Father John McGowan, OCD

2015- Father Donald Kinney, OCD

2019- Father Matthias Lambrecht, OCD

2020- Father Thomas Otanga, OCD

### **Comments from Pilgrims**

What an amazing trip! Not only were we retracing the steps of our beloved St. Teresa of Avila and St. John of the Cross but our guide, Alberto, was able to put our wanderings into historical context which really brought things to life! Staying at the monasteries (founded hundreds of years ago) was a wonderful experience. It was like staying in a museum but with the Blessed Sacrament just below us. What a special experience for a secular. Traveling with a Carmelite priest was also wonderful.... Daily Mass, Reconciliation, and Adoration were woven into this uplifting journey. I would love to go again. **Cara Colburn, Traverse City, Michigan (2019)**

To put into words this pilgrimage of 2019 is quite a project. I am overwhelmed with gratitude that I was able to go. First, in its deepest essence it was a totally undiluted Discalced Carmelite spiritual experience. To stand in the spot before the Blessed Sacrament where St. Teresa received the transverberation of her heart

brought me right into the presence of God and the saints. To be able to stand at Teresa's tomb and that of St. John of the Cross was incredibly moving. Having Father Matthias, a Carmelite priest, with us for Mass, the Office, private consultations and for confession was priceless. Second, Dr. Alberto Ferreiro gave us history lessons at all the locations. He is a published scholar and put everything we were experiencing into proper historical context. Third, socially you could not top the people on this pilgrimage. Throughout the 15 days there was not one harsh word or cranky attitude from anyone. Some of them were Spanish speakers who made it easy for the rest of us to navigate the Carmelite sites, shops, and restaurants.

**Catherine Wilbur, OCDS**  
**Secular Discalced Community of St. Thérèse, the Little Flower**  
**Cherry Hill, New Jersey**

“I thoroughly enjoyed the Carmelite 2007 Spain pilgrimage. We saw the essential Carmelite sites in Central Spain along with other sites that provided background information and context to our Carmelite heritage. The pilgrimage was well organized and the food was spectacular. I particularly enjoyed meeting other Carmelites from around the world and sharing insights and experiences from our various communities.” **Lynn Miyake, Our Lady of Mount Carmel OCDS, California**

“Thank you sincerely for the opportunity to participate in CARMEL 2007 SPAIN PILGRIMAGE. It was wonderful! I will cherish the experience of those two weeks in Spain in the company of my spiritual family, as I came to feel about the group after arrival in Madrid. You are a well-qualified leader, obviously open to the promptings of the Holy Spirit, for our trip could not have been better. I highly recommend this pilgrimage, Carmel in the footsteps of St. Teresa of Jesus and St. John of the Cross, to all. Carmel 2007, SPAIN went far beyond my expectations.”  
**Rita Trujillo, OCDS, Las Cruces, NM**

# CARMELITE PILGRIMAGE 2020

## 2 August - 16 August

At each site there will be talks by Dr. Ferreiro and Father Otanga on the historical and spiritual significance of the place in relation to Teresa and John specifically and in general the Carmelites. Father Otanga will preside at all Masses and lead Vespers and any other spiritual exercises.

### **LODGING:**

**In Avila, Segovia, and Toledo single lodging is very limited, at extra cost.**

**SALAMANCA-** Hotel Catalonia, [four star] hotel at the Plaza Mayor

**AVILA-** Carmelite Monastery/ Albergue, 'Casa Natal de Santa Teresa'

**SEGOVIA-** Centro de Espiritualidad, San Frutos, Segovia

**TOLEDO-** Carmelite Monastery

**MADRID- Hostal Lisboa-** fully modern, private bathrooms, air conditioned in the heart of Madrid- 5 minute walk to all major museums (Hostal means it does not have a restaurant, **this is NOT a Youth Hostel.**

# DAILY ITINERARY

**MEALS LEGEND:** B- breakfast, L- lunch, D- dinner (included in the price)

## **August 2 Sunday (D)**

Depart to Spain- Dinner on plane

## **August 3 – Monday – SALAMANCA**



Arrive at Madrid Airport/ Go to Salamanca by private coach

Check-in, rest, Lunch on your own- nap or rest at the Plaza Mayor

Afternoon Mass 6:30pm

Vespers 7:30pm, Dinner on your own- go eat Tapas at the Plaza Mayor

## **August 4- Tuesday (B) – SALAMANCA**



Matins 7:30 - Breakfast 8am - Morning Mass, Carmelite Church, 10:00am

Visit Casa de Teresa 11:00-12:30pm- where Teresa lived for three years

Lunch 2pm- on your own

San Esteban Dominican Monastery 4-6pm/Teresa's confessional and more

Vespers 8:00pm - Dinner on your own

### **August 5- Wednesday (B) - MEDINA DEL CAMPO**



Breakfast 8am - Matins on the bus

Depart at 9:30am to Medina de Campo – Visit Teresa's second foundation, 15 August 1567

Mass at 12:30, At the Chapel where John of the Cross celebrated his first Mass.  
Visit to Carmelite Community and Museum where Teresa and John met

Lunch, 2:30-4:30pm in Medina del Campo on your own

Vespers in Salamanca 7:30pm

Dinner on your own



## **August 6- Thursday (B, D) – SALAMANCA**



Matins 7:30am - Breakfast 9am - Morning Mass, Carmelite Church, 10:30am

Old and New Cathedrals 11:30am- 2:00pm- where John was ordained

Lunch 2-3:30- on your own

Vespers 7:30 at Hotel

**SPECIAL DINNER 8:30pm at the Plaza Mayor ALL SHOULD BE THERE**

## **August 7 - Friday (B, L, D) - ALBA DE TORMES AND AVILA**



Breakfast in Salamanca Hotel, 8:00am

Depart to Alba de Tormes 9:00am - Matins on the Bus to Alba

Mass 10:30am at the church where Teresa is buried in Alba de Tormes/Visit Museum/ Short refreshment at the Plaza in Alba de Tormes

Depart to Avila 12:00/12:30 - Check-in at Avila 2:00pm

Lunch at 2:30pm, Casa Natal de Teresa Albergue

Free time after lunch

Vespers 8:00pm - Dinner at Casa Natal de Teresa Albergue 9pm

### **August 8- Saturday (B, L, D) AVILA**



Matins 8:30am - Breakfast 9am

Mass at the Convent of Saint Joseph 11:00 am, first reform convent, 24 august 1562

Lunch at the Albergue 2pm

Free time in Avila 3-7:30, Optional visit, the Vettones Museum- pre-Roman peoples of the province (45 minutes)

Vespers 8:00 pm - Dinner at Albergue 9 pm

**August 9- Sunday (B, L, D) AVILA**



Matins 8:00am - Breakfast 9am

Mass 11:00am at the Monasterio de la Encarnación and visit Museum- Teresa entered at age 20 in 1535

Lunch at 2:00pm at Albergue

Cathedral of Avila at 4:30-5:30 pm

Vespers 8:00pm - Dinner at Albergue, 9pm

**August 10 Monday (B, L, D) AVILA/ SEGOVIA**



Matins 7:30am - Mass 8:00am - Breakfast 9am (Avila)

Depart for Segovia at 10:30am

Check in at the Centro de Espiritualidad, San Frutos, 1:30pm

Lunch at the Center 2pm, lunch taken in the city is paid by participant

Visit of the Cathedral/Roman Aqueduct or spend the afternoon at the Center, 4:00-6:00pm

Vespers 8:00pm – Dinner at the Center 9 pm

### **August 11- Tuesday SEGOVIA (B, L, D)**



Matins 7:30am - Breakfast 8:00am

Morning Mass at the Monastery of San Juan de la Cruz - John's Sepulcher, 10am

After Mass, Visit Templar's Church of the Vera Cruz, just around the corner

Lunch at the Center 2pm

Visit of Alcazar Castle, 5:00pm

Vespers 8:00pm - Dinner at the Center 9pm

**August 12- Wednesday SEGOVIA (B, L, D)**



Matins 8:00am - Breakfast 9:00am

Mass 10:30am at the Centro

Jewish Quarter, Convent of Corpus Christi, 11am

Lunch at the Center 2pm

5:00pm visit to Carmelite Convent of San José Teresa's ninth foundation 19 March 1574 and Church of St. Martin

Vespers 8:00pm - Dinner at the Center 9pm

**August 13- Thursday SEGOVIA/ TOLEDO (B, L, D)**



Matins 7:30am - Mass 8:00am

Breakfast 9am (Segovia) - Depart to Toledo at 10:30am

Check in at the Carmelite Community 1:30pm

Lunch 2:00pm at the Carmelite Community

Visit the Synagogues of El Transito and Santa María la Blanca 4-6 pm

Free Time until Vespers

Vespers 8:00 – Dinner Carmelite Community 9pm

### **August 14- Friday TOLEDO (B, L, D)**



Matins 7:30 - Mass 8:00am - Breakfast 9am

Visit the Primatial Cathedral of Toledo 10:30

Lunch at the Carmelite Community 2pm

Free afternoon or optional visit to the Museum of the Visigoths (4:30pm)

Vespers 8:00pm – Dinner at the Carmelite Community 9pm

## August 15- Saturday TOLEDO/MADRID (B)



Matins 7:30am - Morning Mass 8:00am - Breakfast 9am

Depart to Madrid at 11:00am - Madrid - check-in around 1:30pm

Lunch and Dinner on your own –

Free time rest of the day, I recommend ONE of these, El Prado, Cathedral of Madrid, Reina Sofia Modern Art Museum and Church of Niño de Atocha. Tomorrow you can visit more.

Saturday Vigil Mass at 7:30pm with the locals at San Sebastian Church

Casa Patas Flamenco, 10pm-11pm (**optional**), not included in the fee, it is \$30.00 dollars for a ticket. I must book it well in advance.

## August 16- Sunday, DEPARTURE (I. D)



**For those traveling home to the USA on this date, transport to the airport is covered, share ride**

**For those of you staying longer to travel, transport to airport, train or bus station is NOT covered**