



**ADDITIONAL  
DISCALCED PROPER OFFICES  
a  
Discalced Carmelite Supplement  
for the  
1993 Carmelite Proper**

February 2007<sup>i</sup>

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**27 January  
St. Henry De Osso y Cervello  
Priest**

OCD Optional memorial

Henry was born at Vinebre, Catalonia, Spain, on the 16th October 1840 and was ordained priest on 21st September 1867. He was an apostle to young people in teaching them about their faith and inspired various movements for the

teaching of the Gospel. As a spiritual director he was fascinated by St. Teresa of Jesus, the great teacher in the ways of prayer and Daughter of the Church who is better known in the English-speaking world as St. Teresa of Avila. In the light of her teaching, he founded the Company of St. Teresa (1876) dedicated to educating women in the school of the Gospel and following the example of St. Teresa. He gave himself to preaching and the apostolate through the printing press. He underwent many severe trials and sufferings. He died at Gilet, Valencia, Spain, on the 27th January, 1896. He was canonized on 16th July, 1993, in Madrid, by Pope John Paul II.

*From the Common of Pastors except the following:*

### **Prayer**

Lord God, you wonderfully joined in your Priest, Saint Henry de Osso, a life of continual prayer and untiring apostolic activity. By the help of his prayers may we persevere in the love of Christ and serve your Church by word and deed. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with You and the Holy Spirit, One God forever and ever.

Amen



## **23 April Bl. Teresa Mary Manetti of the Cross Virgin**

OCD Optional memorial

She was born at Campi Bisenzio, Florence, where in 1874 she founded the Congregation of Carmelite Sisters of St. Teresa whom she also sent to Lebanon and the Holy Land. She lived joyfully, body and soul, the mystery of the Cross in full conformity to the will of God and she was outstanding for her love for the Eucharist and her maternal care for children and for the poor. She died at Campi Bisenzio on April 23<sup>rd</sup>, 1910.

*From the Common of Holy Women: virgins or religious except the following:*

## **OFFICE OF READINGS**

### **2<sup>nd</sup> Reading**

Interior Castle VII, 4: 4,5 & 8; Way of Perfection 26, 7  
A reading from the works of St. Teresa of Jesus

*Fix your gaze on the Crucified and everything becomes easy.*

His Majesty could not grant us a greater favor than to give us a life that would be an imitation of the life that His beloved Son lived. For this reason I hold it certain that these favors are meant to fortify our weakness so that we may be able to imitate Him in his great sufferings.

Fix your eyes on the Crucified and everything will become easy for you. If His Majesty showed us His love by means of such works and frightful torments, how is it you want to please Him only with words?

Do you know what it means to be truly spiritual? It means becoming the slaves of God. Marked with His brand, which is that of the Cross, spiritual persons, because now they have given Him their liberty, can be sold by Him as slaves of everyone, as He was. In acting this way, He doesn't do us any harm but rather he grants us a not insignificant grace.

We have always seen that those who were closest to Christ our Lord were those with the greatest trials. Let us look at what His glorious Mother suffered and the glorious apostles.

Take up the Cross of Jesus. Help your Spouse to carry the burden that weighs him down and pay no attention to what they may say about you. If you should happen to stumble and fall like your Spouse, do not withdraw from the Cross or abandon it.

No matter how great your trials may be, you will see that they are quite small in comparison to his.

If we never look at Him or reflect on what we owe Him and the death he suffered for us, I don't know how we'll be able to know Him or serve Him. And without these works in his service, what value will our works have if they are separated from the inestimable merits of Jesus Christ, our Good. And then who will bring us to love this Lord?

### **Responsory** Cf. Col. 1:24

R/. I rejoice in the trials I bear and make up in my flesh that which is lacking in the sufferings of Christ \* for the sake of his body which is the Church.

V/. I have been crucified with Christ, and now no longer live but Christ lives in me:

R/. For the sake of his body which is the Church.

## **Prayer**

O God, you sustained the virgin, Blessed Teresa Mary, along the way of the Cross by a most ardent love of the Eucharist, and you gave her a mother's love for your little ones and the poor. Through her intercession, grant that, strengthened by the bread of angels, we may delight in sharing the sufferings of Christ, and hasten the coming of your kingdom through our own works of mercy.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the holy Spirit, one God, for ever and ever.

## **29 May Bl. Elisha of Saint Clement Virgin**

OCD Optional memorial

Blessed Elisha of St. Clement was born in Bari, 17<sup>th</sup> January 1901, to deeply Christian parents. At her baptism she was given the name Theodora, gift of God. In the brief course of her life on earth she lived up to her name. On 8<sup>th</sup> April 1920 (then Feast of St. Albert, author of the Carmelite Rule), she entered the Carmel of St. Joseph in Bari. She received the habit on 14<sup>th</sup> November of the same year, the feast of St. John of the Cross. On 8<sup>th</sup> December 1924 she wrote in her own blood her act of total and definitive offering to the Lord with the vow to embrace the "most perfect." She died on Christmas day 1927. On 19<sup>th</sup> December 2005 Pope Benedict XVI signed the Decree of Beatification. She was proclaimed Blessed in Bari Cathedral on 18<sup>th</sup> March 2006.

*From the Common of Virgins except the following*

### **RESPONSORY**

**R.** An unmarried woman, like a young girl, can devote herself to the Lord's affairs.

Her aim is to be dedicated to him in body as in spirit.

**V.** God is the strength of her heart, he is hers forever:

**R.** Her aim is to be dedicated to him in body as in spirit.

### **BENEDICTUS**

Oh Lord, how gentle is your love! Lost in your embrace I shall be blessed for ever.

## MAGNIFICAT

Your love, oh Lord, is like a fire consuming me in the ardent furnace of your Heart.

## PRAYER

Oh Lord, who were pleased to accept the self offering of Blessed Elisha of Saint Clement, virgin; grant through her intercession, that, sustained by the Eucharist we may be able faithfully to do your will. Through our Lord Jesus, Christ, your Son, who lives and reigns with you, and the Holy Spirit, one God, for ever and ever.

Amen



## 12 June Bl. Alphonsus Mary Mazurek Priest, and Companions, Martyrs

OCD Optional memorial

He was born in 1891 at Baranowka, near Lubartow, Poland. He entered the Order of Discalced Carmelites in 1908, taking the religious name Alphonsus Mary of the Holy Spirit. He was ordained a priest and appointed as a professor, while dedicating himself to the education of youth. Afterwards he served in his Order as prior and bursar. In 1944, after having been arrested by the troops that had invaded his country, he was shot on 28 August at Nawojowa Gora, near Krzeszowice. He was beatified by John Paul II on 13 June 1999, together with many other Polish martyrs.

*From the Common of Martyrs except for the following:*

## PRAYER

May the prayers of your martyrs Blessed Alphonsus Mary and Companions, prevail with you, Lord, on our behalf: Let them strengthen us in our witness to your truth. We make this prayer through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen



**14 June**  
**Bl. Maria Candida of the Eucharist**  
**Virgin**

OCD Optional memorial

She was born on 16 January 1884 in Catanzano. Her parents, Pietro Barba and Giovanna Florona, returned to Palermo, Sicily, where she received First Holy Communion 3<sup>rd</sup> April 1894. In 1919 she entered the Discalced Carmelite Monastery, Ragusa, making solemn profession 23<sup>rd</sup> April 1924. She was Prioress and Mistress of Novices many times, radiating a sense of Carmelite holiness both within and outside of the community, influencing others with her love for the Eucharist, as well as by her numerous writings. She died on 12<sup>th</sup> June 1949, the Solemnity of the Holy Trinity. She was beatified by John Paul II 21<sup>st</sup> March 2004.

*From the Common of Virgins except for the following:*

**RESPONSORY**

**R.** I am the living bread which has come down from heaven and the bread that I shall give is my flesh, for the life of the world. \*Anyone who eats this bread will live forever.

**V.** Whoever eats my flesh and drinks my blood lives in me and I live in them.

**R.** Anyone who eats this bread will live forever.

**PRAYER**

All powerful and ever living God, Who by the breath of the Spirit, inspired Bl. Maria Candida, Virgin, to contemplate the riches of the Eucharist, by her intercession, grant we beseech you, that gratefully offering the sacrifice of the Body and Blood of Christ, in union with the Blessed Virgin Mary, we may always glorify You in this Sacrament, Who lives and reigns with You in the unity of the Holy Spirit, One God forever and ever.

Amen



24 July

**Bl. Maria Pilar, Teresa and Maria  
Angeles**  
Virgins and Martyrs

OCD Optional memorial

Maria Pilar of St. Francis Borgia (born at Tarazona on 30<sup>th</sup> December 1877), Teresa of the Child Jesus and St. John of the Cross (born at Getafe on 6<sup>th</sup> March 1905), Discalced Carmelite nuns of the Monastery of Guadalajara, Spain, were martyred on 24 July 1936, after having given witness to their faith in Christ the King and offered their lives for the Church. The first fruits of the countless martyrs of the Spanish Civil War of 1936-1939, they were beatified by Pope John Paul II on 29<sup>th</sup> March 1987.

*From the Common of Martyrs or the Common of Virgins,  
except for the following:*

**RESPONSORY**

**R.** Even if you should have to suffer for justice' sake, happy will you be. Do not be afraid and do not stand in awe of them, but adore the Lord Christ in your hearts \*always ready to give a reason for the hope that is in you.

**V.** It is better, if God so will it, to suffer and do good deeds than to do evil.

**R.** Always be ready to give a reason for the hope that is in you.

**PRAYER**

Father, strength of the humble, you sustained in martyrdom the Virgins Blessed Maria Pilar, Teresa and Maria Angeles. As they willingly shed their blood for Christ the King, may we, through their intercession, be faithful to you and to your Church until death. Grant this through our Lord Jesus Christ, your Son, Who lives and reigns with You and the Holy Spirit, One God forever and ever. Amen



**24 July**  
**Bl. Maria Mercedes Prat**  
**Virgin and Martyr**

OCD Optional memorial

Mercedes Prat was born on 6<sup>th</sup> March 1880 in Barcelona, baptized on the following day, and made her first Holy Communion on 30<sup>th</sup> June 1890. From her childhood she gave herself completely to God, whom she received every day in Communion. She displayed a great love for her neighbor and tried to foster this kind of love in others. During her years in school, she was known for her goodness and her dedication to school work, excelling especially in painting and needlework, which were areas in which she had a natural talent. Entering the novitiate of the Society of St. Teresa of Jesus in 1904, in Tortosa, she made her temporary profession in 1907. She was a religious ‘according to the heart of God:’ prudent, and truthful, calm and gentle in her reactions, having a natural goodness in all her dealings with others, but firm in character. God was her one love, and her love for God kept growing to the point where she would give her life for Him. In 1920 she was assigned to the motherhouse in Barcelona. From there the path to martyrdom began on 9<sup>th</sup> July 1936, when the community was forced to give up the school and flee. On 23<sup>rd</sup> July, because she was a religious, Sr. Mercedes was arrested and shot; she died in the early morning of 24<sup>th</sup> July.

*From the Common of one Martyr or the Common of Virgins, except for the following:*

**R.** Because of the supreme advantage of knowing Christ Jesus my Lord, I count everything else as loss. \*For him I have accepted the loss of all other things, and look on them all as filth if only I can gain Christ.

**V.** I am alive, yet it is no longer I, but Christ living in me.

**R.** For him I have accepted the loss of all other things, and look on them all as filth if only I can gain Christ.

## **PRAYER**

God, Father of infinite goodness, you gave Blessed Maria Mercedes, Virgin, the courage to bring to fullness in martyrdom her offering to you and to the Church. Grant us, through her intercession, the grace to be so firmly rooted in the love of Christ that nothing can ever separate us from this love. Grant this through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, One God, for ever and ever.

Amen



**16 August**  
**Bl. Maria Sagrario of St. Aloysius**  
**Gonzaga**  
**Virgin and Martyr**

OCD Optional memorial

She was born at Lillo (Toledo) on 8<sup>th</sup> January 1881. A pharmacist by trade, she was one of the first women in Spain to be admitted to this qualification. In 1915 she entered the Carmel of St. Anne and St. Joseph in Madrid. Through her spirit of prayer and her love for the Eucharist she was a perfect embodiment of the contemplative and ecclesial ideal of the Teresian Carmel. She was prioress of her community when she was martyred on 15 August 1936. It was a grace she longed for and accepted in perfection of faith and ardent love for Christ.

*From the Common of one Martyr or the Common of Virgins, except for the following:*

## RESPONSORY

**R.** I have fought the good fight to the end; I have run the race to the finish. I have kept the faith; \*all there is to come for me now is the crown of righteousness.

**V.** Because of the supreme advantage of knowing Christ Jesus my Lord, I count everything else as loss, that I may partake of his sufferings by being molded to the pattern of his death.

**R.** All there is to come for me now is the crown of righteousness.

## PRAYER

O God, Who by a spirit of prayer and devotion to the Eucharist prepared Blessed Maria Sagrario to suffer martyrdom, grant that we, through her example, may freely spend our lives for you by faithfully and constantly fulfilling your will. Through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, One God for ever and ever.

Amen



**18 August**

## **Blesseds John-Baptist, Michael- Aloysius and James Priests and Martyrs**

OCD Optional memorial

Fr. Jean-Baptiste Duverneuil (b. 1737 at Limoges) in religion; Fr. Leonard, Fr. Michael-Louis Brulard (b. 1758 at Chartres); and Fr. Jacques Gagnot (b. 1753 at Frolois) in religion; Fr. Hubert of St. Claude, were among a group of 64 martyrs beatified 1<sup>st</sup> October 1995, victims of the French Revolution who came from 14 French dioceses and from various religious Orders. In their loyalty, they refused to take the oath of the Civil Constitutions for the Clergy imposed by the Constituent Assembly of the Revolution. As a result they were imprisoned, massed like animals, on a slave-trader in Rochefort Bay awaiting in vain to be deported into slavery. During 1794, the first two Carmelites died onboard ship: Fr. John-Baptist on 1<sup>st</sup> July and Fr. Michael-Aloysius on 25<sup>th</sup> July, both being buried on the island of Aix. After plague

broke out on the ships, those remaining disembarked on the island of Madame where Fr. James died and was buried on 10<sup>th</sup> September. Noted for their loving ministry to their fellow prisoners and their patience in accepting every type of outrage, privation and cruelty not to mention the vicissitudes of weather, hunger and sickness, our three Discalced Carmelite priest martyrs and their companions in martyrdom gave unsurpassable Christian witness to their faith and love.

*From the Common of many martyrs except the following:*

### **PRAYER**

Lord God, to the martyrs Blessed John-Baptist, Michael-Aloysius, James and their companions, you gave the grace to remain faithful and to pardon while suffering dismaying hardship. Through their intercession grant also to us, to be always willing to remain faithful to your Church and to be reconciled with one another. We ask this through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, One God, for ever and ever.

Amen

## **11 December Saint Maria Maravillas of Jesus Virgin**

OCD Optional memorial

She was born at Madrid in 1891. She entered the El Escorial Carmel, Madrid on 12<sup>th</sup> October 1919. In 1924 she was inspired to found a Carmel at Cerro de los Angeles, alongside the monument to the Sacred Heart of Jesus. From this foundation followed nine others in Spain and one in India. She always gave first place to prayer and self-sacrifice. She had a true passionate zeal for the glory of God and the salvation of souls. Even while living a life of poverty in the cloister she helped those who were in need, initiating apostolic, social and charitable works. In a particular way she helped those of her own Order, priests, and other religious congregations. She died in the Monastery of La Aldehuela, Madrid, on 11<sup>th</sup> December 1974. She was canonized on 4<sup>th</sup> May 2003 in Madrid.

*From the Common of Virgins or of Religious except for the following:*

### **RESPONSORY**

**R.** Prudent Virgin whom the Bridegroom found watching with her lamp alight, \*enter into the eternal nuptial banquet.

**V.** I find my delight in your will, your saving justice in the depths of my heart.

**R.** Enter into the eternal nuptial banquet.

## **PRAYER**

Lord God, who drew Saint Maria Maravillas of Jesus into the secrets of the heart of your Son, grant through her intercession and example, that we may work together for the salvation of souls, experiencing the delights of your love. Through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, One God, for ever and ever.

Amen



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