

RESOURCES

Essential Resources

This chart summarizes the resources that are essential to formation, and the stage in formation by which each candidate should acquire a copy of the resource. This list is not intended to restrict a community's use of other resources, but to identify those resources that are essential for every Discalced Carmelite Secular to own. For example, a community might choose to use the study edition of the *Way of Perfection*, and require its candidates to purchase it, but it is not essential that every secular Carmelite own the study edition, only the ICS edition.

When	Name of Resource
Pre-Aspirancy	<i>Holy Bible</i>
Pre-Aspirancy	<i>Catechism of the Catholic Church</i>
Beginning of Aspirancy	<i>Rule of St. Albert</i>
Aspirancy	<i>OCDS Constitutions</i>
Aspirancy	<i>Provincial Statutes</i>
Aspirancy	<i>The Scapular of Our Lady of Mount Carmel: Catechesis and Ritual</i>
Aspirancy and thereafter	<i>Discernment of OCDS Vocation</i> , by Aloysius Deeney, OCD
End of Aspirancy	<i>Liturgy of the Hours</i>
Formation I	<i>Legislative Documents of the OCDS</i>
Formation I	<i>Lectio Divina</i> by Sam Anthony Morello, OCD
Formation I, year 1	<i>Marialis Cultus: Devotion to the Blessed Virgin Mary</i>
Formation I, year 1	<i>Redemptoris Custus: Guardian of the Redeemer</i>
Formation I, year 1	<i>The Way of Perfection</i> , in <i>The Collected Works of St. Teresa (ICS)</i> , vol. 2*
Formation I, year 2	<i>Apostolicam Actuositatem: Decree on the Apostolate of the Laity (AA)</i>
Formation I, year 2	<i>The Living Flame of Love</i> , in <i>The Collected Works of St. John of the Cross (ICS)</i>
End of Formation I	<i>Carmelite Proper of the Liturgy of the Hours</i>
Formation II, year 1	<i>Story of a Soul</i> , by St. Therese of Lisieux
Formation II, year 1	<i>Lumen Gentium: Dogmatic Constitution on the Church (LG)</i>
Formation II, year 2	<i>Interior Castle</i> , in <i>The Collected Works of St. Teresa (ICS)</i> , vol. 2
Formation II, year 2	<i>Christifideles Laici: The Lay Members of Christ's Faithful People (CL)</i>
Formation II, year 3	<i>Ascent of Mt. Carmel</i> , in <i>The Collected Works of St. John of the Cross (ICS)</i>
Formation II, year 3	<i>Novo Millennio Ineunte: At the Beginning of the New Millennium (NMI)</i>

* All of the *Collected Works* are to be acquired by the time of the definitive promise.

Recommended Resources for Formators

Aspirancy

- *Compendium of the Catechism of the Catholic Church*, by Pope Benedict XVI
- *What Are You Seeking?* by Chris Hart, OCDS
- *Nourished by the Word: Reading the Bible Contemplatively*, by Wilfred Stinissen, OCD
- *Little Catechism of the Life of Prayer*, by Fr. Gabriel of St. Mary Magdalen, OCD
- *Divine Intimacy*, by Fr. Gabriel of St. Mary Magdalen, OCD
- *Prayer Primer: Igniting the Fire Within*, by Thomas Dubay, S.M.
- *Captive Flames: A Biblical reading of the Carmelite Saints*, by James McCaffrey, OCD

Formation I, Year 1

- Prayer
 - “Scriptural Meditation”, by Fr. Michael Buckley, OCD
 - Prayer Primer, Igniting a Fire Within*, by Fr. Thomas Dubay, SM
 - Awakening to Prayer*, by Fr. Augustine Ichiro Okumura, OCD
 - The Practice of the Presence of God*, (ICS edition), by Bro. Lawrence of the Resurrection, OCD
 - Conversation with Christ*, by Peter Thomas Rohrbach, OCD
 - Be Holy*, by Fr. Hilary Doran, OCD
- The Liturgy of the Hours
 - Making Holy the Day*, by Charles E. Miller, C.M.
 - The School of Prayer*, by John Brook
- Church Documents
 - Rosarium Virginis Mariae* and its companion, *At the School of Mary*, by Barry Michaels

- St. Teresa of Jesus
The Way of Perfection, A Study Edition, by Fr. Kieran Kavanaugh, OCD
The Teresian Gospel, by Fr. Otilio Rodriguez, OCD
I Want to See God, by Fr. P. Marie-Eugene, OCD
I Am a Daughter of the Church, by Fr. P. Marie-Eugene, OCD
Fire Within, by Fr. Thomas Dubay, SM

Formation I, Year 2

- Church Documents
Catechism of the Lay Apostolate (Apostolicam Actuositatem), by Fr. John A. Hardon, SJ
- St. John of the Cross
The Contemporary Challenge of John of the Cross: An Introduction to His Life and Teaching, by Leonard Doohan
John of the Cross: The Ascent to Joy, edited by Marc Foley, OCD
John of the Cross: Man and Mystic, by Richard P. Hardy
John of the Cross: Doctor of Light and Love, by Kieran Kavanaugh, OCD
The Impact of God: Soundings in St. John of the Cross, by Iain Matthew, OCD
St. John of the Cross: The Nightingale of God, by Fr. Otilio Rodriguez, OCD
God Speaks in the Night, by Fr. Frederico Ruiz, OCD et al.

Formation II, Year 1

- St. Therese of the Child Jesus and of the Holy Face
Formation Readings, provided on CD, may be used in conjunction with *Story of a Soul* as follows:
 - Ch. 3-4: “The Message of St. Therese in Relation to the Laity” by Fr. Gabriel Barry, OCD
 - Ch. 5-6: “His Face Was as Though Hidden” by Fr. Vincent O’Hara, OCD
 - Ch. 7-8: “The Life and Spirituality of St. Therese” by Fr. John Malley, O. Carm.
 - Ch. 9-10: “A Doctor for the Third Millennium” by OCD & O. Carm. Superiors
 - Ch 11 and Epilogue: “St. Therese of Lisieux on Suffering” by K.C. Russell, D.Th.
- St. Therese of Lisieux: Her Last Conversations*, translated by Fr. John Clarke, OCD
- The Poetry of Saint Therese of Lisieux*, translated by Fr. Donald Kinney, OCD
- With Empty Hands: The Message of Therese of Lisieux*, by Fr. Conrad de Meester, OCD
- Two Sisters in the Spirit*, by Hans Urs von Balthasar

Therese, the Little Child of God's Mercy: Her Spiritual Itinerary in the Light of her Autobiographical Manuscripts, by Angel de les Gavarres
Saint Therese of Lisieux: Doctor of the Universal Church, by Steven Payne, OCD
John and Therese: Flames of Love, by Guy Gaucher, OCD
I Believe in Love, by Fr. Jean C. J. d'Elbee

Formation II, Year 2

- *The Interior Castle*
Formation Readings, provided on CD, may be used in conjunction with *The Interior Castle* as follows:
 - Introduction and the first five dwelling places: “The First Mansion”, “The Second Mansion”, “The Third Mansion”, “The Fourth Mansion”, and “The Fifth Mansion”, by Fr. Gabriel Barry, OCD
 - The sixth dwelling place: “At the Center of the Soul”, by Fr. Herman Ancilli, OCD
 - The seventh dwelling place and Epilogue: “Christ in the Mysticism of St. Teresa”, by Fr. Kieran Kavanaugh, OCD
- Within You He Dwells: Rediscovering St. Teresa's Interior Castle*, edited by Fr. Philip Boyce, OCD
- From Ash to Fire: A Contemporary Journey Through the Interior Castle of Teresa of Avila*, by Carolyn Humphreys, OCDS

Formation II, Year 3

- *The Ascent of Mount Carmel*, by St. John of the Cross. See the suggestions listed above for Formation I, Year 2, under St. John of the Cross.
- *The Theological Virtues in the Spiritual Life*, by Fr. Anastasius of the Holy Rosary, OCD
- *The Sanctifier*, by Most Rev. Luis M. Martinez

Ongoing Formation

- Return frequently to the major writings of our Carmelite saints
 For example, *The Way of Perfection*
- Sample the minor writings of our Carmelite saints
 For example, “The Prayer of the Church”, by Edith Stein, found in *The Hidden Life: Hagiographic Essays, Meditations, Spiritual Texts*, translated by Waltraut Stein

- Explore recent scholarship on Carmelite topics
For example, *Captive Flames: A Biblical Reading of the Carmelite Saints*, by Fr. James McCaffrey, OCD
- Use the Formation Readings CD that was distributed with these guidelines
While some of the commentaries are quite old, they are excellent and fairly easy to update. http://ocds.info/formation_readings.htm
- Study the documents of the Church
For example, the encyclical letter, *Deus Caritas Est: On Christian Love*, by Pope Benedict XVI
- Make use of good Scripture commentaries
For example, *The Jerome Biblical Commentary*, Edited by Raymond E. Brown, S.S., Joseph A. Fitzmyer, S.J., & Roland E. Murphy, O.Carm.
- Reflect on the spiritual classics used by Carmelite saints that nourish the soul
For example, *Imitation of Christ*, by Thomas a Kempis
- Make use of Carmelite web sites
For example, <http://www.carmelitaniscalzi.com/en/>
- Read Carmelite publications

January 15, 2017

Our OCDS Provincial Council is happy to announce that in light of the recent Canonization of St. Elizabeth of the Trinity and the Beatification of Bl. Marie-Eugene of the Child Jesus, **we have added the following texts to the reading list of our *Formation Guidelines*:**

To be inserted in the *Formation Guidelines*, after p. 37, under “Ongoing Formation”:

St. Elizabeth of the Trinity, ICS Publications: *The Complete Works*, vol. I, “Let Yourself Be Loved”; “O My God, Trinity Whom I Adore”.

St. Elizabeth of the Trinity, ICS Publications: *The Complete Works*, vol. II, *Letters from Carmel* (a selection).

Bl. Marie-Eugene of the Child Jesus, *Under the Torrent of His Love: Thérèse of Lisieux, a Spiritual Genius*.

Bl. Marie-Eugene of the Child Jesus, *Where the Spirit Breathes: Prayer and Action* (a selection).

Bl. Marie-Eugene’s *I Want to See God / I Am a Daughter of the Church* are already listed in the *Formation Guidelines* (p. 35).

Websites of Interest

- Discalced Carmelite Order: <http://www.carmelitaniscalzi.com/en/>
- Fr. Aloysius Deeney's blogsite: www.OCD4OCDS.blogspot.com/
- OCDS of the California-Arizona Province of St. Joseph: www.ocds.info
- OCDS National Council:
- St. Joseph's OCDS Community, Seattle: www.stjosephsocds.com
- St. Joseph's OCDS Community, San Francisco:
- OCDS Newsgroup:
- Institute of Carmelite Studies (ICS): www.icspublications.org
- Carmelite Institute: <https://carmeliteinstitute.net>
- Carmelite Digest:
- Carmelite Book Service: www.carmelite.org.uk
- Basilica of the National Shrine of Mary, Help of Christians:
<http://www.holyhill.com/>
- The Holy See: www.vatican.va/phome_en.htm
- U.S. Bishops: www.usccb.org
- Vatican Information Service:
- Zenit: www.zenit.org

Carmelite Periodicals

Other publications

- *Spiritual Life*
spiritual life/Online
2131 Lincoln Road NE
Washington, DC 20002
www.spiritual-life.co
edodonnell@aol.com

- *The Carmel Clarion Communications*
2131 Lincoln Rd., NE
Washington, DC 20002-1101
Telephone: 202-640-2201
(toll free): 1-877-845-4560
E-mail: carmelitecds@live.com

- *Flos Carmeli*
<http://www.thereocds.org/flos-carmeli-newsletter.html>

- *Apostolate of the Little Flower*
<http://www.littleflowerbasilica.org/111>
Basilica of the National Shrine of the Little Flower
824 Kentucky Ave.
San Antonio, TX 78201
Telephone: 210-735-9126