

# **Carmelite Pilgrimage**

**In the footsteps of**

**Teresa of Jesus and John of the Cross**

**29 July – 12 August**

**2019**



**DEADLINE TO APPLY: JANUARY 14- inquire about openings after that date**

**COST:** \$2,400.00 (does not include airfare)- price subject to change depending on currency exchange rates at time of setting final contracts

**PAYMENT SCHEDULE:**

DEPOSIT DUE WITH APPLICATION \$200.00

SECOND PAYMENT OF \$1100.00, DUE **MARCH 2**

FINAL PAYMENT OF \$1100.00, DUE **JUNE 1**

**THE DEPOSIT IS PART OF THE OVERALL PAYMENT**

**PAYMENTS:**

All payments are to be made out to: Centro Fray Luis de León

Mail all items to:

Prof. Dr. Alberto Ferreiro  
14515 53<sup>rd</sup> Avenue S. E.  
Everett, WA 98208

**REFUND POLICY:** If one cancels for any reason prior to 60 days from departure \$200.00 will be refunded and less any unrecoverable expenses; less than 30 days from departure there will be a 50% refund less any unrecoverable expenses, after the pilgrimage begins on July 29 there will be no refund.

**TRAVEL INSURANCE:** we recommend Trawick International as a possible travel health insurance provider, they can be found online. You may also find your own travel health insurance too. Google Trawick International for a quote and information. Flight cancellation insurance is **NOT** included; participants will have to get that on their own if they wish.

**HEALTH ISSUES:** Although the pilgrimage will not be fast paced there is nevertheless a great deal of walking in most cases over uneven surfaces. Participants must be able to get around without much problem. You must be able to move your own luggage. **You are required to fill out the HEALTH FORM that will be sent to you separately; it will be kept in the strictest confidence.**

**TRAVEL AGENT:** Our travel agent is Sandy Dubois, Travel Leaders-Seattle. All questions about flights or extra travel should be directed to her. If you book on your own, contact me first to make sure the dates and time are correct to meet the group in Madrid. It is much easier to coordinate if all go through Sandy. Contact Sandy at [sandy.dubois@travelleaders.com](mailto:sandy.dubois@travelleaders.com)

**OPTIONAL TRAVEL:** Participants have the option of adding to their stay after the pilgrimage is over. Our travel agent Sandy Dubois will be more than ready to help you. You can contact Sandy at [sandy.dubois@travelleaders.com](mailto:sandy.dubois@travelleaders.com) to book your flight and any changes to your itinerary. **YOU DO NOT HAVE TO DEPART FROM SEATTLE!**

**PILGRIMAGE LEADERS:**

**Professor Alberto Ferreiro, Ph.D** is a tenured faculty member at Seattle Pacific University in Early Christian and Medieval History with a specialty in Spanish and Portuguese studies. He is founder and director of a University of Salamanca, Spain Summer program for college students and has led groups there for 29 summers. He was born in Mexico and is fluent in Spanish. This is the fifth Carmelite pilgrimage that he has organized.

**Father Matthias of the Immaculate Heart** is a Discalced Carmelite Friar who is originally from Washington State. After college and a career in youth/music ministry, he joined religious life in 2010 and later attended Mt. Angel Seminary where his Master's thesis used Carmelite Spirituality to expound on the role of contemplation in the Universal Call to Holiness. Fr. Matthias is a newly ordained priest and currently ministers at St. Therese Carmelite Parish and School in Alhambra, CA, while serving as school chaplain and teaching.

**DESCRIPTION:** The pilgrimage will **NOT** be a fast paced neck breaking visit. We are striving at quality not quantity in our visits. We will visit the ‘important’ sites related to Teresa and John, in addition to other important monuments. There will be times to simply enjoy being there.

**FOR MORE INFORMATION CONTACT:** Dr. Alberto Ferreiro, [betomicielo@gmail.com](mailto:betomicielo@gmail.com)

## **Carmelite Chaplains of Previous Pilgrimages**

2000- Father Colm Stone OCD

2006- Father Charles Garrity OCD

2007- Father John McGowan, OCD

2015- Father Donald Kinney, OCD

2019- Father Matthias Lambrecht, OCD

## **Comments from Previous Pilgrims**

“I thoroughly enjoyed the Carmelite 2007 Spain pilgrimage. We saw the essential Carmelite sites in Central Spain along with other sites that provided background information and context to our Carmelite heritage. The pilgrimage was well organized and the food was spectacular. I particularly enjoyed meeting other Carmelites from around the world and sharing insights and experiences from our various communities.” **Lynn Miyake, Our Lady of Mount Carmel OCDS, California**

“The remembrance of our trip is ever on my mind. We were so blessed by our experience. I thank each and every one in the group for this wonderful experience. To see the sites related to our Holy Mother, St. Teresa of Jesus and those of St. John of the Cross were a life-long dream for me and it was great experiencing it with the group.” **Joe Macaluso, OCDS, California**

“The pilgrimage Carmel 2007 was a Carmelite dream come true. We had as a leader an expert historian on Spanish history and a spiritual assistant who is an expert on Carmelite spirituality, especially St Teresa and St John of the Cross. Visiting the most important sites related to these saints and visiting the Carmelite monasteries there, was very moving spiritually and emotionally. Praying at the churches in Alba de Tormes and Segovia at the tombs

of St. Teresa and St. John of the Cross was very special. We would unreservedly recommend this pilgrimage to Carmelites and anyone interested in Carmelite spirituality.” **Joe and Pat Thibodeaux†, OCDS - Santa Cruz Community, Tucson, AZ**

“Thank you sincerely for the opportunity to participate in CARMEL 2007 SPAIN PILGRIMAGE. It was wonderful! I will cherish the experience of those two weeks in Spain in the company of my spiritual family, as I came to feel about the group after arrival in Madrid. You are a well-qualified leader, obviously open to the promptings of the Holy Spirit, for our trip could not have been better. I highly recommend this pilgrimage, Carmel in the footsteps of St. Teresa of Jesus and St. John of the Cross, to all. Carmel 2007, SPAIN went far beyond my expectations.” **Rita Trujillo, OCDS, Las Cruces, NM**

“Carmel 2007 trip was very memorable and impressive. To be in OCDS and to walk where our St. Teresa of Jesus from Avila and St. John of the Cross have been was a great privilege and source of lots of blessings. Thank God for your very good organizational skill, good leadership ability, vast knowledge of the different places, their history, arts, religion, social cultural, backgrounds and a lot more. I loved the daily masses and taking turns of leading the Liturgy of the Hours It is an unforgettable experience.” **Criselda D. Chua, OCDS, Richmond, B.C. Canada**

# CARMELITE PILGRIMAGE 2019

**29 July - 12 August**

At each site there will be talks by Dr. Ferreiro and Father Lambrecht on the historical and spiritual significance of the place in relation to Teresa and John specifically and in general the Carmelites. Father Lambrecht will preside at all Masses and lead Vespers and any other spiritual exercises.

## **LODGING:**

**In Avila, Segovia, and Toledo single lodging is very limited, at extra cost.**

**SALAMANCA-** Hotel Catalonia, [four star] hotel at the Plaza Mayor

**AVILA-** Carmelite Monastery/ Albergue, ‘Casa Natal de Santa Teresa’

**SEGOVIA-** Centro de Espiritualidad, San Frutos, Segovia

**TOLEDO-** Carmelite Monastery

**MADRID- Hostal Lisboa-** fully modern, private bathrooms, air conditioned in the heart of Madrid- 5 minute walk to all major museums (Hostal means it does not have a restaurant, **this is NOT a Youth Hostel.**

# DAILY ITINERARY

**MEALS LEGEND:** B- breakfast, L- lunch, D- dinner

## **July 29 Monday (D)**

Depart to Spain\*- Dinner on plane

## **July 30 – Tuesday (D) - SALAMANCA**

Arrive at Madrid/ Go to Salamanca by private coach

Check-in, rest, Lunch on your own- rest some more at the Plaza Mayor

Afternoon Mass 6:30pm, Vespers 7:30pm, and Dinner at the Hotel 9pm

## **July 31- Wednesday (B, D) - SALAMANCA**

Breakfast, 7-9am,

Morning Mass, Carmelite Church, 10:00am

Visit Casa de Teresa 11:00-12:30pm- where Teresa lived for three years

Lunch 1pm- on your own, not covered

San Esteban Dominican Monastery 4-6pm/Teresa's confessional and more

Vespers 8:30pm - Dinner at the Hotel 9pm

## **August 1- Thursday (B, D) - MEDINA DEL CAMPO**

Breakfast 7-9am

Depart at 9:00am to Medina de Campo -Teresa's second foundation, 1567

Mass at 12:00, Carmelite Convent in Medina del Campo

Visit Carmelite Community and Museum where Teresa and John met

Lunch, 1:30-3:30pm in Medina del Campo on your own

Vespers in Salamanca 7:00pm - Dinner at the Hotel 9pm

### **August 2- Friday (B, L, D) – SALAMANCA**

Breakfast 7-9am

Morning Mass, Carmelite Church, 10:00am

Old and New Cathedrals 11:30am- 2:00pm- where John was ordained

Lunch 2-3:30- at the Hotel, if on your own, not covered

Free time, siesta, relax at the Plaza Mayor, shop.....

Vespers 7:00pm – Special Dinner 9pm at the Plaza Mayor **ALL SHOULD BE THERE**

### **August 3 - Saturday (B, L, D) - ALBA DE TORMES AND AVILA**

Breakfast in Salamanca Hotel, 7-8:00am

Depart to Alba de Tormes 9:00am

Mass 10:30am at the church where Teresa is buried in Alba de Tormes/Visit Museum/ Short refreshment at the Plaza in Alba de Tormes

Depart to Avila 1:00

Check-in at Avila 2:00pm

Lunch at 2:30pm, Casa Natal de Teresa Albergue

Free time after lunch

Vespers 8:00pm - Dinner at Casa Natal de Teresa Albergue 9pm



### **August 4- Sunday (B, L, D) AVILA**

Breakfast 7-9am

Mass at the Carmelite Convent 10am, Iglesia de La Santa, 10am

Visit Monastery of Saint Joseph 11:30 pm, first reform convent, 24 august 1562

Lunch at the Albergue 2pm

Free time in Avila 3-7:30, Optional visit to the exquisite Vettones Museum- pre-Roman peoples of the province (45 minutes)

Vespers 8:00 pm

Dinner at Albergue 9 pm

### **August 5- Monday (B, L, D) AVILA**

Breakfast 7-9am

Mass 10:00am at the Monasterio de la Encarnación/Visit Museum- Teresa entered at age 20 in 1535

Lunch at 2:00pm at Albergue

Cathedral of Avila at 4:30-5:30 pm, free time [recommend stroll along walls on the outside, above is very hazardous, steps are very difficult to engage]

Vespers 8:00pm - Dinner at Albergue, 9pm

### **August 6 Tuesday (B, L, D) SEGOVIA**

Breakfast 7-9am

Mass at the Albergue, 9am

Depart for Segovia at 10:00am

Check in at the Centro de Espiritualidad, San Frutos, 12:30pm

Lunch at the Center 2pm, lunch taken in the city is paid by participant

Optional Visit of the Cathedral/Roman Aqueduct or spend the afternoon at the Center, 3:30-6:00pm

Vespers 8:00pm – Dinner at the Center 9 pm

**August 7- Wednesday SEGOVIA (B, L, D)**

Breakfast 7-8:30am

Morning Mass at the Monastery of San Juan de la Cruz - John's Sepulcher, 10am

Optional Templar's Church of the Veracruz (True Cross), 12:30 - around the corner,

Lunch at the Center 2pm

Optional visit to the Alcazar Castle, 4:00-6:00pm or stay at the retreat center for the day

Vespers 8:00pm - Dinner at the Center 9pm

**August 8- Wednesday SEGOVIA (B, L, D)**

Breakfast 7-8:30am

Morning Mass at the Centro - 9am

Morning Carmelite Retreat- 10:30am – 12:00pm, Prayer, Readings, Reflection

Lunch at the Center 2pm

Optional visit the city, siesta, pray at the Centro

Vespers 8:00pm - Dinner at the Center 9pm

**August 9- Thursday TOLEDO (B, L, D)**

Breakfast 7-8am

Mass at the Monastery - John's Sepulcher 9:00am

Depart to Toledo at 11:00am

Check in at the Carmelite Community 1:00pm

Lunch 2:00pm at the Carmelite Community

Visit the Synagogues of El Transito and Santa María la Blanca 4-6 pm

Free Time until Vespers

Vespers 8:00 – Dinner Carmelite Community 9pm

**August 10- Friday TOLEDO (B, L, D)**

Breakfast 7-8am

Mass at the Carmelite Community, 9:30am

Visit the Primatial Cathedral of Toledo 10:00am to 1:00pm

Lunch at the Carmelite Community 2pm

Free afternoon or optional visit to the Museum of the Visigoths (4:30pm)

Vespers 8:00pm – Dinner at the Carmelite Community 9pm

**August 11- Saturday TOLEDO/MADRID (B)**

Breakfast 7-8am

Mass at the Carmelite Community, 10:00am

Depart to Madrid at 11:30am

Madrid - check-in around 1:30pm

Lunch on your own - free time all day, I recommend El Prado, Cathedral of Madrid, Reina Sofia Modern Art Museum and Church of Niño de Atocha.

Dinner at your leisure before Vespers

Visit around 6:30 pm San Sebastián Church, where the Carmelite St. Maravillas of Jesus was baptized (a relic is there).

Free time enjoy Madrid in the evening

**August 12- Sunday MADRID (D)**

**Dinner on flight home**

**TO THE AIRPORT TO RETURN TO THE USA/OR EXTRA TRAVEL**

**For those traveling home to the USA on this date, transport to the airport is covered, share ride**

**For those of you staying longer to travel, transport to airport, train or bus station is NOT covered**